



Southern Care Dental
652 Great South Road
Manukau 2104
New Zealand
Phone: 09 215 2030
www.southerncaredental.co.nz

Intra Venous Sedation – Patient Consent Form

Midazolam and Fentanyl are drugs commonly used in dentistry for a wide variety of procedures and provides a safe, comfortable and pleasant dental experience.

There are a few important things to understand about the IV sedation.

- You may have little or no memory of the procedure.
- It is a conscious sedation technique so there may be some elements of the treatment that you remember but you should be comfortable.
- It is NOT a general anaesthetic.
- The drug Hypnovel will make you less anxious.
- Local anaesthetic (injections) are still used to make the dental procedure painless.

The dentist (named below) has explained the procedure I am about to have carried out under intravenous sedation to me, prior to the operation.

I consent to the procedure being carried out which was explained to my satisfaction by the dentist (named below).

I have had the opportunity to obtain additional information regarding the procedure, and any questions I have asked the dentist have been answered to my full satisfaction.

Finally, I acknowledge that I have read and fully understood the consent form. I sign it freely and voluntarily.

Patient Signature: _____ Date: _____

Patient Name: _____

Parent/Guardian: _____

Dentist: Jungin Park (BDS Otago)



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Intra Venous Sedation – Patient Instructions

Before the Sedation Appointment:

Please tell us of ANY drugs you are taking (including recreational drugs and alcohol – This information is important and confidential.) and medical problems. This is very important – failure to notify us of your drug usage may make your sedation unpredictable or ineffective when it is used with certain drugs or medical conditions.

- Please be accompanied by a responsible adult.
- No food should be taken within 4 hours of the appointment time. However, you MUST eat a large carbohydrate rich meal (eg 2-4 slices of toast) approximately 4 ½ hours before the procedure. We cannot do the procedure if you have NOT eating anything all day.
- Please keep well hydrated (water or juice) the day of the procedure, LAST DRINK 2 hours before your appointment. NO TEA/COFFEE the day of the procedure please.
- Do NOT wear tight clothing – sleeves especially should be easily drawn up past elbow.
- Do NOT wear high heels
- If you wear contact lenses, please remove them at the appointment time.
- If you wear removable dentures, please remove them at the appointment time.
- Please visit the toilet prior to entering the surgery.
- **IMPORTANT:** Sedation works by affecting the way your brain perceives fear/anxiety. Patients with a history of epilepsy can (rarely) have an epileptic episode hours or days after the procedure, not due to the sedation or medication itself but the anxiety that occurs prior to dental treatment.

After the Sedation Appointment:

The sedation works on your brain and you may not fully be aware until its effects have worn off. You should **NOT** do any responsible activities and you should find a responsible adult friend, family member or acquaintance to look after you. This is for your safety. Therefore you need someone to bring you and look after you once the sedation has been given. The affects of the drug takes 2 to 4 hours to disappear so it is suggested that you have a responsible adult present with you after the sedation for at least 4 hours.

Some examples of things **YOU SHOULD AVOID** for the next 2 days are:

- Driving a car or operating machinery.
- Drink any alcohol.
- Participate in sports.
- Making important decisions (e.g. internet banking)

Straight after the procedure:

- 1) Please go straight home, no shopping, sightseeing after the procedure
- 2) On the car ride home, a small proportion of patients feel slightly nauseous after the procedure, so please recline the seat slightly, and have a container/bucket/towels handy for the patient to spit into if necessary
- 3) Please have a some fluids eg diluted juice (half juice/half water) or 'up and go' available for the car ride home. Most people feel sick due to hunger or dehydration.
- 4) **MAKE SURE** you take your prescribed pain relief and /or antibiotics within 1-2 hours of leaving the surgery, with 1-2 cups of yoghurt/ice cream (not on an empty stomach). The local anaesthetic or numbness will begin to wear off within 2-4 hours.
- 5) Please ensure that you **EAT ENOUGH FOOD** the day of, and after the surgery. This means 1-2 cups of very soft mushy foods, eg ice cream/yoghurt/mashed potatoes/scrambled eggs every 2-3 hours. It is NOT enough to just drink water and juice, this will increase the chance of feeling sick after the procedure.
- 6) Please call us if you are concerned about anything. Please remember that there will be some bleeding/excessive saliva for the next 24 hours, it is best for the patient to spit it out rather than swallow it .
- 7) Begin your salt rinsing the next day, you may be unable to open your mouth or brush your teeth for 3-4 days if the swelling is excessive.

Please understand that your safety and comfort are of utmost importance to us. The details above should help you and I to achieve that. Please do not hesitate to ask us any questions. Thank you for your time.